



SEPTEMBER 2023

BREAKFAST K-12

MONDAY 8/28/2023	TUESDAY 8/29/2023	WEDNESDAY 8/30/2023	THURSDAY 8/31/2023	FRIDAY 9/1/2023
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Chocolate Chip Oatmeal Bar
Orange
String Cheese

WELCOME BACK!!

MONDAY 9/4/2023	TUESDAY 9/5/2023	WEDNESDAY 9/6/2023	THURSDAY 9/7/2023	FRIDAY 9/8/2023
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LABOR DAY

Cocoa Puff Bar
String Cheese
Orange

WG Bagel
Cream Cheese
Apple

WG Strawberry Pop Tart
Orange Juice
Tropical Fruit Cup
String Cheese

WG Blueberry Muffin
String Cheese
Apple

MONDAY 9/11/2023	TUESDAY 9/12/2023	WEDNESDAY 9/13/2023	THURSDAY 9/14/2023	FRIDAY 9/15/2023
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Honey Bun
Orange Juice
Raisins

Cinnamon Roll
String Cheese
Orange

WG English Muffin
Jelly
Apple
String Cheese

Cinnamon Toast Crunch Cereal Bowl
Applesauce Cup
Banana

Chocolate Chip Breakfast Bar
String Cheese
Apple

MONDAY 9/18/2023	TUESDAY 9/19/2023	WEDNESDAY 9/20/2023	THURSDAY 9/21/2023	FRIDAY 9/22/2023
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Cocoa Puff Cereal Bar
String Cheese
Orange

Apple Strudel
Tropical Fruit Cup
Raisins

WG Bagel
Cream Cheese
Apple
String Cheese

WG Apple Muffin
Orange Juice
Mixed Fruit Cup

WG Strawberry Poptart
String Cheese
Apple

MONDAY 9/25/2023	TUESDAY 9/26/2023	WEDNESDAY 9/27/2023	THURSDAY 9/28/2023	FRIDAY 9/29/2023
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WG Bagel
Cream Cheese
Craisins
Diced Pear Cup

Cocoa Puff Cereal Bar
String Cheese
Orange

WG Blueberry Muffin
String Cheese
Fresh Apple

WG Strawberry Poptart
Orange Juice
Diced Peach Cup

WG Blueberry Waffle
Apple
String Cheese

