

Child's Name _____

First _____

Last _____

Grade _____

SEPTEMBER 2020 Lunch Menu

Please Respond By September 8th

LANCER

DINING SERVICES

menu subject to change

Monday

Tuesday

Wednesday

Thursday

Friday

Lancer Dining Services does not use pork, peanut, tree nut, or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned), 100% whole grains, and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.



1

2

3

4

7

8

9

10

11

14

15

16

17

18

21

22

23

24

25

28

29

30

Chicken Fajitas

Corn
Fresh Banana

**Sweet & Sour Chicken
w/ Veg Brown Rice**

Fresh Broccoli
Diced Pears (Canned)

Walking Beef Taco

Jalapeno Refried Beans
Mixed Berry Applesauce Cup

BBQ Chicken Hoagie

Fresh Broccoli
Peach Cup

Greek Turkey Burger

Corn Niblets
Strawberry Applesauce
Cup

**Chicken and Waffle
Sandwich**

Fresh Carrots
Fresh Banana

Cheeseburger

Potato Wedges
Fresh Apple

Chicken Corn Dog

Fresh Broccoli
Diced Pears (Canned)

**BBQ Chicken
Drummies**

WG Teabiscuit
Baked Beans
Strawberry Cup

Cheese Quesadilla

Black Beans
Mandarin Oranges
Salsa

**Mushroom Swiss
Burger**

Celery
Fresh Banana

Cheese Enchilada

Spanish Rice
Fresh Carrots
Applesauce Cup

Beef Sloppy Joe

Corn
Fresh Apple

**Pizza Hut Cheese
Pizza**

Garden Salad
Mixed Berry Applesauce
Cup

Macaroni & Cheese

Fresh Carrots
Fresh Apple

**Meatball Hoagie w/
Marinara**

Italian Style Vegetables
Fresh Banana

**Teriyaki Chicken
Sandwich**

Fresh Broccoli
Strawberry Cup

My child **WILL** take a hot lunch **EVERY DAY** this month

My child **WILL NOT TAKE** hot lunch this month

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE CHOCOLATE.

ALL BREADS SERVED ARE WHOLE GRAIN.
"This institution is an equal opportunity provider"