

Child's Name _____
 First & Last _____
 Grade _____

JANUARY 2021

Please Return By Friday, December 11th

LANCER
 DINING SERVICES
 menu subject to change



Monday

Tuesday

Wednesday

Thursday

Friday



No School 1

2

3

4

5

6

DISTANCE LEARNING

Chicken Nachos 11
 Black Bean Salsa
 Cheese Sauce
 Shredded Lettuce
 Tortilla Chips Mixed
 Fruit Cup

Italian Meat Sauce 12
 WG Penne Pasta
 Fresh Carrots, Ranch
 Fresh Banana

Turkey Bacon Chicken Sandwich 13
 WG Hamburger Bun
 Green Beans
 Applesauce Cup
 Mayo

Beef Sloppy Joe 14
 WG Hamburger Bun
 Corn
 Fresh Apple

Pizza Hut Cheese Pizza 15
 Garden Salad
 Ranch Dressing
 Fresh Banana
 Strawberry Banana
 Applesauce Cup

No School 18
MARTIN LUTHER KING JR. DAY

Meatball Hoagie w/ Marinara 19
 WG 5' Hoagie Bun
 Italian Style Vegetables
 Fresh Banana

Roast Turkey w/ Gravy 20
 WG Tea Biscuit
 Mashed Potatoes
 Zucchini Coins
 Craisins

Teriyaki Chicken 21
 WG Hamburger Bun
 Fresh Broccoli
 Strawberry Cup
 Ranch

Cheese Breadstick 22
 Marinara
 Black Bean Salsa
 Fresh Orange

Salsa Turkey Burger 25
 WG Hamburger Bun
 Cheddar
 Fresh Carrots
 Ranch Dressing
 Fresh Apple

Chicken Caesar Wrap 26
 WG Tortilla
 Corn
 Fresh Banana

Sweet & Sour Chicken 27
 Fried Vegetable Brown
 Rice
 Fresh Broccoli
 Sweet & Sour Sauce
 Mixed Fruit Cup

Soft Shell Taco 28
 Refried Beans, Shredded
 Lettuce, Tomato, Cheddar
 WG Tortilla
 Strawberry Banana
 Applesauce

Pizza Hut Cheese Pizza 29
 Fresh Broccoli
 Cucumber Coins
 Peach Cup
 Ranch

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE CHOCOLATE.
 ALL BREADS SERVED ARE WHOLE GRAIN.

Lancer Dining Services does not use pork, peanut, tree nut, or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned), 100% whole grains, and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit ing.lancerhospitality.com for more information.
 "This Institution is an equal opportunity provider"

My child **WILL** take a hot lunch EVERY DAY this month

My child **WILL NOT TAKE** hot lunch this month

