

MMSA

SEPTEMBER 2017

PLEASE NOTE: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% milk (unflavored).
Reduced fat dressing is served with salads.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
4	5	6	7	8
	Tacos Baked Beans Cinnamon Puff Pineapple Tidbits	Chicken Lasagna Prince Edward Blend WW Roll Orange Wedges	Chicken Wrap Baked Beans Steamed Carrots Tropical Fruit	Spaghetti w/ Meat Sauce Seasoned Peas Peaches Roll
11	12	13	14	15
Cheeseburger on a Bun Steamed Carrots Fruit Cocktail Rice Crispy Bar	Chicken Nuggets Mashed Potatoes Steamed Broccoli Fresh Banana	Macaroni & Cheese Meat Balls Seasoned Peas & Carrots Fresh Apple	Biscuits & Gravy w/turkey sausage Tri-Tator Peaches	Chili Corn Chips Green Beans Cinnamon Roll Orange Smiles
18	19	20	21	22
Grilled Turkey & Cheese Sandwich Potato Wedges Steamed Broccoli Pineapple	Chicken Patty Sandwich Tossed Salad Mashed Potatoes Orange Wedges	Sloppy Joe on a Bun Cooked Carrots Baked Beans Fresh Grapes	Italian Pasta Bake Seasoned Peas Applesauce Royal Brownie	Cheese Pizza Green Beans Garlic Bread Stick w/ Marinara Sauce Fresh Banana
25	26	27	28	29
Beef Lasagna California Medley French Garlic Bread Applesauce	Corn dog Pizza Green Beans Potato Wedges WW Roll Banana	Baked Chicken Savory Rice Carrots Oatmeal Roll Oranges	Fish Sandwich Steamed Broccoli Strawberry Spin Salad Orange Slices	Meatloaf Baked Beans Mixed Fruit ww Roll